

## Behaviour Contract

Remember we have **RESPONSIBILITIES** to ourselves and our fellow travelers.

<b>Punctuality and Organisation</b>	
Be on time for all activities.	
Be prepared for all activities with correct equipment and clothing.	
Keep our room tidy and our belongings organised.	
<b>Respect for Ourselves and Others</b>	
Respect the law and customs of the host country. Display cultural awareness and an appreciation of the local customs.	
Wear appropriate clothing at all times.	
Look after ourselves by eating well and taking care of personal hygiene.	
Be responsible for our own belongings.	
Show respect and be polite to all people we meet and work with.	
Listen to our peers' ideas and opinions.	
Follow instructions of teachers and all staff.	
Use polite language at all times. A smile, a "thank you", "please" works marvels.	
Be helpful and cooperative when working with others.	
Keep noise to a minimum. Be considerate of other guests' needs and rights.	
Use of alcohol, tobacco or un-prescribed drugs is strictly prohibited.	
<b>A Positive Attitude and Good Effort</b>	
Participate in all the activities and enjoy all the experiences.	
Challenge yourselves to learn and experience as much as you can.	
Make positive contributions to activities and discussions.	
Reflect upon our experiences and what can learn from them.	
Report any unusual circumstances, inappropriate behaviour or concerns as soon as you can, to your team supervisor.	
Rooms assigned cannot be changed.	

## Safety

**Safety is the most important consideration for all members on this trip. Please remember the following:**

1. All illnesses, incidents, accidents, must be reported to a teacher ASAP.
2. STAY hydrated – **do not** wait until you are thirsty to drink water.
3. Students must not go near water or swim without permission and supervision of an adult.
4. Students must be supervised at all times.
5. Never go anywhere alone, ALWAYS be with your buddy.
6. Be aware of your surroundings – watch for slippery or uneven surfaces where it is easy to fall.
7. Always wear something on your feet. Never go anywhere outside barefoot.

**If you are ever separated from the group:**

1. Do not panic.
2. Depending on the location, stay where you are, it will be easier to find you. Do not wander around.
3. Never go off with a stranger.

**Health and Hygiene:**

- Always wash your hands before eating.
- Always wash your hands after going to the toilet
- Do not share personal items of toiletries; such as brushes, combs, toothbrushes.
- Do not buy fruit and vegetables that have already been opened or cut from a shop or the market.

**Sign your name here to show you understand and agree to these behaviour and safety guidelines.**

Student's signature \_\_\_\_\_

Date \_\_\_\_\_

Parent's signature \_\_\_\_\_

Date \_\_\_\_\_